



**Stacy M. Stark, D.O.**

**Physical Medicine and Rehabilitation  
Medical Director, Adult and Transitional Spina Bifida Clinic**

**The Spina Bifida Team would like you to begin thinking about transitioning to the adult clinic. This booklet will help you organize your thoughts about your future. Most clinics across the United States do not have adult clinics and children at the age of 18 or 21 have to find a primary care physician who will manage their care. We are very fortunate at Penn State Hershey Medical Center to have an adult clinic that has been around for many years. The Pediatric Neurosurgeon and Pediatric Orthopedic Surgeon will let you know when they think you are stable enough to go to the Adult Spina Bifida Clinic. At about the age of 14 years old we will begin seeing you in our transitional clinic which has been incorporated into our pediatric clinic.**

**Physical Medicine and Rehabilitation is a branch of medicine which aims to enhance and restore functional ability and quality of life to those with disabilities. As your physiatrist, I will do a comprehensive evaluation to ensure you are functioning at the highest level possible and provide you with any therapy, equipment and medical supplies you may need. I will also assess you for any medical needs and provide a comprehensive treatment plan which includes consults to specialists such as neurosurgery and orthopedics when appropriate.**

**I do not take the place of your primary care physician but I will help you with all aspects of your disability. You will also see our urologist, Dr. Decter; our nurse coordinator, Cindy Hulse; and our social worker, Pat Boerger. Together we will coordinate your care and keep in contact with your primary care physician.**

**Our Adult Spina Bifida clinic is located at 30 Hope Drive, Suite 1200. Sometimes we will need to see you in the Pediatric clinic if you are still being followed by the Pediatric Neurosurgeon or Orthopedic Surgeon which is located at 30 Hope Drive, Suite 2200.**

#### **Professional Education**

**Fellowship, Pediatric Rehab, Rehabilitation Institute of Chicago (2006) Residency, Physical Medicine & Rehabilitation, Spaulding Rehabilitation Hospital Network (2005) Internship, St. Luke's Hospital - Bethlehem, PA (2002) D.O., Philadelphia College of Osteopathic Medicine (2001)**