Aging Resources

Books

Coming Into Eighty May Sarton poems

George E. Baillant MD Harvard Study of Adult Development Aging Well

Alban Institute

Necessary Losses Judith Viorst

The 36 Hour Day Nancy L. Mace and Peter V. Rabins Alzheimers/dementia

Rev. Lois D. Knutson

The Moral Challenge of Alzheimer's Disease Stephen G. Post Learn to Grow Old Paul Tournier

Caring for Yourself While Caring for Your Aging Claire Berman

Parents Understanding the Senior Adult: A Tool for Wholistic

Ministry Aging, Spirituality, and Religion: A Hnadbook Kimble McFadden, Ellor and Seeber

The Measure of My Days Florida Scott-Maxwell

Sabbatical Journey: The Journal of His Final Year Henri Nouwen V/F Validation Naomi Feil

The Validation Breakthrough Naomi Feil

Websites

www.christianitytoday.com/le/2002/004/13.87.html Senior Moments:Learning to Love and Minister to the

Memory-Impaired

Center on Aging & Older Adult Ministries www.gbod.org/coa/default.asp

American Society on Aging www.asaging.org National Council on the Aging www.ncoa.org National Alzheimers Association www.alz.org

www.aarp.org

www.aoa.dhhs.gov/prof/Statistics/profile/highlights_pf US Dept of Health and Human Services Profile of Older Americans: 2002

www.census.gov/population/socdemo/statbriefs/ageb Sixty Five Plus in the United States

rief.html

.asp

www.vfvalidation.org Validation Training Institute video

http://www.asaging.org/cdc/HealthWord.cfm. Live Well Live Long