THE PENNSYLVANIA STATE UNIVERSITY
PENN STATE MILTON S. HERSHEY MEDICAL CENTER
DEPARTMENT OF CONTINUING EDUCATION G220
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Go Red for women

American Heart Association

2012 GET WITH THE GUIDELINES. HEART FAILURE GOLD

The American Heart Association and American Stroke Association recognize this hospital for achieving at least two years of 85% or higher adherence to all Get With The Guidelines® program quality indicators to improve quality of patient care and outcomes.

VISIT OUR WEBSITE: pennstatehershey.org/ce

Purpose/Audience

This educational symposium is designed to provide physicians, physician assistants, nurse practitioners, nurses, and other interdisciplinary team members with advanced education related to a wide variety of heart and vascular disease topics that impact women's health.

Credit

Penn State College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for maximum of 7.25 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

7.2 contact hours awarded. Penn State Milton S. Hershey Medical Center, Nursing Education and Professional Development is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Penn State has approved the conference for 0.7 Continuing Education Units (CEUs).

It is our policy to ensure balance, independence, objectivity, and scientific rigor in all of our sponsored educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.

Fees

The fees for this conference are:

- Physicians, $150/person
- Nurse practitioners/nurses/other allied health professionals, $125/person

Please note: If five or more nurses or allied health professionals from the same department register for the conference, each attendee will receive the discounted rate of $100/person. Please submit all registrations together. If registering online or by phone, make us aware of the names of the five people who are registering together for the group discount.

The fees include instruction, handout materials, break refreshments, and lunch.

Registration

Register online, by fax, or by mail. Registrations will be confirmed by e-mail upon receipt of payment, authorization to bill, or a credit card guarantee. If you do not receive a confirmation from Penn State within two weeks, phone 717-531-6483 to confirm your registration. Walk-ins and late registrations can be accepted only if space is available.

Cancellation Policy

Cancellations received later than September 28, 2012, will be assessed a $25 processing fee. No refunds will be made for cancellations received after October 3, 2012. Substitutes are accepted at any time.

The University reserves the right to cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances. If a program is canceled or postponed, the University will refund registration fees but cannot be held responsible for any related costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled.

Accommodations

Accommodations are the responsibility of the program participant. A list of area accommodations is available upon request or online at **pennstatehershey.org/web/guest/patientcare/patientvisitorinformation/lodging.**

Access

Penn State encourages qualified persons with disabilities to participate in its program and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Continuing Education at least one week prior to your visit.

For More Information or to Register Online

- Call: 717-531-6483
- E-mail: ContinuingEd@hmc.psu.edu
- Web: **pennstatehershey.org/ce**

PENNSTATE HERSHEY
Milton S. Hershey Medical Center

Program

NOTE: The bulleted items found in the program are the learner objectives for the sessions.

7:30 a.m. Registration/Continental Breakfast

8:00 **GROUP A—Varicose Veins: Current Treatment Strategies**
Leslie B. Scorza, MD*
Associate Professor Radiology, Surgery, and Medicine, Division of Vascular Surgery
- Discuss the normal venous physiology of the lower extremities and the abnormal physiology in varicose veins

GROUP B—Contraception in the Patient with Cardiovascular Disease
Jennifer Ting, MD, FACC*
Assistant Professor of Medicine, Division of Cardiology
- Choose appropriate contraception options for the patient with cardiovascular disease

8:45 **GROUP A—Pelvic Congestion Syndrome**
Harjit Singh, MD*
Professor of Radiology, Surgery, and Medicine, Division of Cardiovascular Interventional Radiology
Associate Dean for Diversity
- Identify symptoms and associated treatment options for patients with pelvic congestion syndrome

GROUP B—Metabolic Syndrome
Denise A. Rhodes, RN, MS Nursing, APN-C*
Family Practice Nurse Practitioner
Interventional Cardiology
- Discuss the identification and treatment options associated with women with metabolic syndrome

9:30 **GROUP A—Peripheral Artery Disease**
Amy B. Reed, MD, FACS*
Associate Professor of Surgery; Chief, Division of Vascular Surgery
Penn State Hershey Heart & Vascular Institute
- Identify treatment options for those with symptomatic peripheral vascular disease

GROUP B—The Pathophysiology and Management of the Postpartum Cardiomyopathy Patient
Barry S. Clemson, MD, FACC, FAHA, FACP*
Assistant Professor of Medicine, Division of Cardiology
- Identify the pathophysiology and management of postpartum cardiomyopathy

10:15 *Morning Break/Visit Exhibitors*

10:45 **GROUP A—Prevention of Coronary Artery Disease in Women: What's New in 2012?**
Annick Haouzi, MD*
Associate Professor of Medicine, Division of Cardiology
- Identify unusual risk factors following CAD risk assessment

GROUP B—Pregnancy and Heart Disease
Jennifer Ting, MD, FACC*
- Identify which patients with heart disease are most at risk for cardiac complications during pregnancy and the puerperium

11:30 *Lunch*

PRESENTATION: Getting the Message of Heart Health to Your Patient and the Community
Michele M. Bolles, MCHES
Senior Vice President, Health Strategies
American Heart Association
Philadelphia, Pennsylvania
- Discuss successful methods of distributing health-care information to the public

12:30 p.m. **Case Studies** (10 minute each)
- Apply patient care knowledge to selected challenging heart and vascular case studies in women

1:00 **Atrial Fibrillation, Anticoagulation, and Reducing One's Risk of Stroke**
Gerald V. Naccarelli, MD
Professor of Medicine; Chief, Division of Cardiology

Raymond K. Reichwein, MD
Associate Professor of Neurology
Director, Department of Neurology Stroke Program
Co-director, Penn State Hershey Clinical Neuroscience Institute Stroke Program
- Review the epidemiology of atrial fibrillation with emphasis on risk factors and effects in women
- Discuss current treatment options in reducing one's risk of stroke

2:00 *Afternoon Break*

Presentation of Case Study Winners

This publication is available in alternative media on request.

The Pennsylvania State University is committed to the policy that all persons shall have equal access to programs, facilities, admission, and employment without regard to personal characteristics not related to ability, performance, or qualifications as determined by University policy or by state or federal authorities. It is the policy of the University to maintain an academic and work environment free of discrimination, including harassment. The Pennsylvania State University prohibits discrimination and harassment against any person because of age, ancestry, color, disability or handicap, genetic information, national origin, race, religious creed, sex, sexual orientation, gender identity, or veteran status. Discrimination or harassment against faculty, staff, or students will not be tolerated at The Pennsylvania State University. Direct all inquiries regarding the nondiscrimination policy to the Affirmative Action Director, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901; Tel 814-865-4700/V, 814-863-0471/TTY. U.Ed. MED 12-093 beeb

2:15 **KEYNOTE SPEAKER—The Gender Differences of Coronary Artery Disease and Surgical Treatment**

Jennifer S. Lawton, MD, FACS
Associate Professor, Surgery
Division of Cardiothoracic Surgery
Washington University
Center for Advanced Medicine
Heart and Vascular Center
St. Louis, Missouri

- Identify gender differences in the identification and treatment of coronary artery disease

3:15 **The Unacknowledged Partners in Care: Wives of Heart Failure Patients**

*Judith Hupcey EdD, CRNP**

- Discuss the care-giving roles and the impact of these roles among caregivers of heart failure patients

4:00 **Heart Failure Patient Management Utilizing Cardiac Resynchronization Therapy**

*Soraya M. Samii, MD, PhD**
Assistant Professor of Medicine, Division of Cardiology

- Discuss the gender differences in the use of cardiac resynchronization therapy (CRT) in the treatment of heart failure patients

4:30 *Closing Remarks/Adjournment*

* Penn State Milton S. Hershey Medical Center, Penn State College of Medicine

HEARTBEATS IN HERSHEY
October 5, 2012 • E5062-13-Y

Register online, by fax, or by mail. If you do not receive a confirmation from Penn State within two weeks, call our office to confirm. Walk-ins and late registrations are accepted only if space is available. Please provide both daytime and evening phone numbers so we can contact you should last-minute changes occur.

Name (first name, M.I., last name Degree(s)/Credentials

E-mail (Print legibly. Used for confirmation, registration status, and program materials.)

Home Address ☐ Male ☐ Female

City State Zip Code

Daytime Phone Evening Phone Fax Number

Hospital or Organization Specialty/Position

Street Address (HMC/COM employees—provide dept. name/mail code)

City State Zip Code

Special Needs (dietary, access, etc.)

Choose one box in each time frame:

8:00 am ☐ Group A: Varicose Veins
☐ Group B: Contraception in Cardiovascular Patient
8:45 am ☐ Group A: Pelvic Congestion Syndrome
☐ Group B: Metabolic Syndrome
9:30 am ☐ Group A: Peripheral Artery Disease
☐ Group B: Postpartum Cardiomyopathy Patient
10:45 am ☐ Group A: Prevention/Coronary Artery Disease/Women
☐ Group B: Pregnancy and Heart Disease

Choose one fee option:

☐ Physician, $150 per person
☐ Nurse practitioner/nurse/other allied health professional, $125 per person
☐ Group of five or more nurses or allied health professionals from the same department, $100 per person
(**Note:** Submit all registrations together at the same time.)

Names of the other four people registering with you:

Total per person fee amount: _____

Please check your method of payment:

☐ Check enclosed payable to **Penn State.**
☐ Bill sponsoring organization. **Attach a letter of authorization.**
☐ HMC/COM employee fee, same as above—bill department budget. Cost center/budget #: _____
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