

THE PENNSYLVANIA STATE UNIVERSITY
PENN STATE MILTON S. HERSHEY MEDICAL CENTER
DEPARTMENT OF CONTINUING EDUCATION G220
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PENNSTATE HERSHEY
 College of Medicine

A continuing education service of
Penn State College of Medicine

INFLAMMATORY BOWEL DISEASE

Update for Advanced Practice
Clinicians and Allied Health
Professionals

Two mornings:
Saturday & Sunday,
May 5–6, 2012

University Conference Center
500 University Drive
Hershey, PA 17033
on the campus of
Penn State Milton S. Hershey Medical Center

Overview/Audience

There is increased awareness that optimal treatment of patients with inflammatory bowel disease (IBD) requires a multidisciplinary approach involving not only many medical specialties, but also many levels of care: physician assistants, nurse practitioners, pharmacists, and nurses, as well as the active involvement of the patients themselves and their families. While specialized IBD conferences for physicians abound, conferences intended specifically for other professionals are lacking.

Our goal is to provide the multidisciplinary team with the most up-to-date information they need to increase their knowledge of the specific needs of patients with IBD, helping to optimize the care of their patients. Our faculty will be composed of expert specialists in all key areas of IBD care, including gastroenterology, colorectal surgery, ostomy care, and pharmacology. The specialists will lead sessions and also host professional and patient panels.

The conference is intended for nurse practitioners, registered nurses, pharmacists, and other interested health-care professionals.

Credit

Penn State College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

May 5—a maximum of 4.0 *AMA PRA Category 1 Credit(s)*TM
May 6—a maximum of 4.0 *AMA PRA Category 1 Credit(s)*TM

Penn State Milton S. Hershey Medical Center, Nursing Education and Professional Development is an approved provider of continuing nursing education by PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

May 5—4.0 contact hours

May 6—4.0 contact hours

Nurse practitioners please note: This program includes 1.0 contact hours of pharmacology education as required for certification renewal by the Pennsylvania State Board of Nursing and the American Nurses Credentialing Center (ANCC). Please see the program schedule for the topic marked with †.



Penn State Milton S. Hershey Medical Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge type program has been approved for contact hours of continuing education in states that recognize ACPE providers. Participants must

attend all sessions to receive the credit listed below. Partial credit will not be awarded.

May 5—up to 4 contact hours (4.0 CEUs)

UAN #0322-0000-12-015-L03-P

May 6—up to 4 contact hours (4.0 CEUs)

UAN #0322-0000-12-016-L01-P

It is our policy to ensure balance, independence, objectivity, and scientific rigor in all of our sponsored educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.

Fees

The cost for this program is \$125 per person for both days, or \$75 per person for one day. The fees include the cost of instruction and break refreshments.

Registration/Cancellation Policy

Register online, by fax, or by mail. Registrations will be confirmed by e-mail upon receipt of payment, authorization to bill, or a credit card guarantee. If you do not receive confirmation from Penn State within two weeks, phone Continuing Education at 717-531-6483 to confirm your registration. Walk-ins and late registrations can be accepted only if space is available.

Cancellations received later than April 27, 2012, will be assessed a \$25 processing fee. No refunds will be made for cancellations received after May 2, 2012.

The University reserves the right to cancel or postpone any course because of insufficient enrollment or other unforeseen circumstances. If a program is canceled or postponed, the University will refund registration fees but is not responsible for any related costs, charges, or expenses. Preregistered participants will be notified if a program is filled or canceled.

Accommodations

Accommodations are the responsibility of the participant. A list of lodging in the Hershey area is available on request or online at www.hmc.psu.edu/visitors/dininglodging.htm.

Access

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodation or have questions about the physical access provided, please contact Continuing Education at least one week in advance of your participation or visit.

Program

Note: The bulleted items are the learner objectives for the session.

Day 1—Saturday, May 5, 2012

- 7:30 a.m.** Final Registration/Exhibits
- 8:00** IBD Medical Management ‡
*Elizabeth Thompson, PA**
Physician Assistant, Department of Medicine,
Division of Internal Medicine
*Emmanuelle Williams, MD**
Associate Professor of Medicine, Division of
Gastroenterology and Hepatology
*Kelly Karpa, RPh, PhD**
Associate Professor of Pharmacology
- Describe the available conventional and alternative therapies for IBD including indications, mechanisms, benefits, and side effects
- 9:00** Surgery for IBD: Crohn's Disease, Ulcerative Colitis, Perineal Crohn's Disease
*Walter A. Koltun, MD**
Professor of Surgery; Chief, Division of Colon and Rectal Surgery
- Define and describe the operations given for CD and UC
- 10:00** Break/Exhibits
- 10:30** Ostomy Update/Workshop: Problems and Solutions
*Chris Ardell, RN, BSN, CWOCN**
Certified Wound, Ostomy, Continence Nurse
*Marjorie Lebo, MSN, CRNP**
Nurse Practitioner, Department of Surgery,
Division of Colorectal Surgery
- Discuss management of common peristomal complications (dermatitis, candidiasis, hernia) and those associated with IBD (pyoderma gangrenosum)
 - Discuss ostomy systems and adjunct products (Note: Format will be discussion and workshop.)
- 11:30** PANEL PRESENTATION
Patient Perspectives
Moderator: *Marjorie Lebo, MSN, CRNP**
Daniel Tingue
Cindy Samet
Dale Goodyear
- Discuss personal experience with IBD in a patient-centered format
- 12:30 p.m.** Program Evaluation/Adjournment

Day 2—Sunday, May 6, 2012

- 7:30 a.m.** Final Registration/Exhibits
- 8:00** Indications and Special Considerations for Endoscopic Procedures in IBD
- Chromoendoscopy
 - Balloon dilatation strictures
 - Biopsy
 - Double balloon
- Emmanuelle Williams, MD**
- Describe the indications, special considerations, and recent advances in endoscopic procedures for IBD
- 9:00** Inpatient Management of IBD: Case Presentations
*Walter Koltun, MD**
*Emmanuelle Williams, MD**
*Shelly Tice, RN, BSN**
Care Coordinator, Colorectal Surgery
- Discuss patient case scenarios that illustrate the management of common inpatient conditions including small bowel obstruction and toxic colitis
- 10:00** Break/Exhibits
- 10:30** Outpatient Management of Common Problems in the IBD Patient
- Pouchitis
 - Perineal Crohn's Disease
 - Health maintenance
- Marjorie Lebo, CRNP, CWOHN**
*Walter Koltun, MD**
*Emmanuelle Williams, MD**
*Heather Skonier-Baer, RN, BSN**
Attending Nurse, Department of Medicine,
Division of Gastroenterology and Hepatology
- Describe the common problems in outpatient management of IBD patients from both physician and nursing perspectives
- 11:30** PANEL PRESENTATION
Professional Perspectives
*Marjorie Lebo, MSN, CRNP**
*Walter Koltun, MD**
*Emmanuelle Williams, MD**
*Kelly Karpa, RPh, PhD**
- Summarize major professional concerns when managing patients with IBD
- 12:30 p.m.** Program Evaluation/Adjournment
- * Penn State Milton S. Hershey Medical Center
Penn State College of Medicine
- ‡ pharmacology education content

Stay and Play in Hershey

The conference has been planned for the morning both days, with plenty of time left over for discovering the central Pennsylvania area. Why not stay and explore Hershey in May?

Attractions in Hershey include:

- **Hersheypark**, with over 65 rides and attractions including 11 thrilling coasters, live entertainment, 20 kiddie rides, and the Boardwalk At Hersheypark
- **Hershey's Chocolate World**, which includes a free chocolate tour complete with a free sample of chocolate
- **Hersheypark ZooAmerica**, included with your park admission and located beside Hersheypark, 11-acres of walk-through zoo with over 200 animals
- **The Hershey Story**, located in the heart of Chocolate Town, USA, a world-class museum that guides visitors on an inspirational journey through Milton S. Hershey's lifetime and beyond

Other Hershey attractions include:

- **Hershey Gardens, Hershey Theatre, The Spa at The Hotel Hershey** (also called The Chocolate Spa), **The Antique Automobile Club of America Museum, Giant Center and Hersheypark Stadium**, as well as exciting dining and golf for all skill levels

Nearby attractions include:

Dutch Wonderland and Lancaster Pennsylvania Dutch country, historic Gettysburg, the Pennsylvania state capital of Harrisburg, and many venues for antiques, dining, and sight-seeing.

For more information, go to www.hersheypa.com.



For More Information or to Register Online

- Call: 717-531-6483
- E-mail: ContinuingEd@hmc.psu.edu
- Register on Web: www.pennstatehershey.org/ce



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Name (first name, M.I., last name) _____ Degree(s)/Credentials _____

E-mail (Print legibly. Used for confirmation, registration status, and program materials.) _____

Home Address _____ male female

City _____ State _____ Zip Code _____

Daytime Phone _____ Evening Phone _____ Fax Number _____

Specialty/Position _____ Special Needs (dietary, access, etc.) _____

Hospital or Organization _____

Street Address (HMC/COM employees—provide dept. name/mail code) _____

City _____ State _____ Zip Code _____

I will attend (check one box):

- Both mornings, May 5 & 6, \$125 per person
- Saturday morning, May 5, \$75 per person
- Sunday morning, May 6, \$75 per person

Indicate method of payment:

- Check enclosed payable to Penn State.
- Bill sponsoring organization. Attach a letter of authorization.
- Fee for HMC/COM employees: \$100 for both days, \$50 for one day—bill department budget.
Cost center/budget #: _____
- Charge my VISA MasterCard or AMEX

Account Number _____ Exp. Date _____

Cardholder's Signature _____

Register Online: www.pennstatehershey.org/ce

Mail to: Registrar
Penn State Hershey Continuing Education, G220
P.O. Box 851, Hershey, PA 17033

Phone: 717-531-6483

Fax to: 717-531-5604