

Come Celebrate our New Children's Hospital!

Children's Heart Group 3rd Annual Bicycle Ride

September 8, 2012

Penn State Hershey Health Campus
Tent Facility by Fitness Center
Hershey, PA

This ride is intended to raise money for the Children's Heart Group Fund. The fund will support patient education, new equipment, outreach to the communities, and our fellowship program. We are asking you to request family, friends, and coworkers to sponsor you to ride. Any small donation is appreciated. Attached you will find a donation form you can use. If you register online through active.com, you can solicit donations through their website.

There will be 4 rides and a Family Stroller Walk

1. A family fun ride: 4.5miles on bike trails on campus with a stop at our new hospital. This ride is intended for all ages and abilities. Start time: 10am
2. A 25 kilometer ride (approx. 15 miles): on roads surrounding Hershey. One rest stop. This is for intermediate riders. Start time: 9 am
3. Two 50 kilometer ride (approx. 30 miles) loops on roads surrounding Hershey. One rest stop. This ride is for intermediate to experienced riders. The two loops can be combined to make a 100Km ride. Start time: 8am for 100Km, 8-9 for the 50km.
4. A Family stroller friendly walk (2.75 miles) to the new Children's Hospital and back.

All Children's Heart Group Patients are free and receive a free T-shirt.

Adults are 20\$, children are 10\$ with an adult registration **before day of event.**

Adults are 25\$, children are 15\$ with an adult registration on **day of event.**

The first 50 pre-registrants will receive a free T-shirt. T-shirts will be available for sale on the day of the event.

We will be accepting registrations by mail or online up until September 1. The registration desk will open at 7:30 am.

Online registration can be done at www.active.com (type "Children's Heart Group" in Activities and Events Search)

Lunch will be provided at the completion of the ride. Please bring water bottles. Helmet use is **mandatory**. You will not be allowed to participate in the ride without a helmet. The event will be **rain or shine**. There is **no** rain date.

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Name (last, first) _____ email _____

Address _____ Telephone _____

Address _____ Date of Birth _____

I am riding the: ___ Family fun Ride ___ Family Stroller walk

___ 25 Km ___ 50 Km ___ 100Km

T-shirt size Childrens small ___ med ___ large ___

T-shirt size Adult small ___ med ___ large ___ XL ___

Emergency Contact Information

Name _____

Telephone _____

If participant is under 18 years of age please complete

Name of Parent/Guardian _____

Parent Guardian Address _____

Parent Guardian Address _____

Signature of Parent/Guardian _____ date _____

Register online at www.active.com

Helmets are Mandatory.

Release (by completing the information below, you are acknowledging that you have read the release)

Signature _____ date _____

Make checks payable to: *Children's Heart Group Gift Fund*

Return registration with checks to:

Children's Heart Group

Attn: CHG Bike Ride

121 N. Nyes Road Su. D

Harrisburg, PA 17112

In Consideration of being permitted to participate in any way in the Children's Heart Group Inaugural Bike Ride I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of bicycling activities and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.
2. Fully understand that bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "releases" named below. There may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the activity.
3. Hereby release, discharge, and covenant not to sue the Children's Heart Group, Penn State Hershey/ Milton Hershey Medical Center, their administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the releases, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.
4. I consent to emergency medical treatment, including transport by ambulance to a hospital, if I am injured.
5. I agree to wear an ANSI, CPSC, or Snell approved helmet on all bicycle riding activities at this event.

Minor Release

And I, the minor's parent or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasee's from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.