

Bringing Home Baby

Bringing home a new baby is a challenging and exciting responsibility. There are potential hazards that could cause injury to your newborn. Many of these hazards and injuries are preventable.

The Injury Prevention Program at the Penn State Hershey Children's Hospital wants to make sure that bringing home your baby is a safe transition. Please review the information on the opposite side. Remember to share this information with anyone your baby visits, and teach them about preventing injuries, as well.

For more information, contact the Injury Prevention Program at 717-531-SAFE (7233) to keep your family safe at home, at play, and on the way.



Pediatric Injury Prevention Program

PENNSSTATE HERSHEY



Children's Hospital



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5 Tips to Keep Your Newborn Safe

1. Sleep safely. Always place baby on his/her back to sleep on a firm sleep surface free from fluffy blankets, pillows, toys, and stuffed animals. Never allow the baby to sleep in the bed with an adult or another child.
2. Prevent falls & drowning. Never leave a baby unattended on top of a changing table or near the tub, sink, or a container filled with water.
3. Travel safely. Always keep baby harnessed when carrying an infant seat. Use an age and size appropriate car seat for your baby. Schedule a car seat inspection by making an appointment at 717-531-SAFE (7233).
4. Prevent burns & scalds. Never carry a baby while cooking or carrying hot foods or liquids. Set the water heater at 120° or cooler.
5. Prepare for emergencies. Post numbers by the phone including "911," the pediatrician, and a neighbor. Become CPR certified.

For more information, please visit the Injury Prevention website at pennstatehershey.org/injuryprevention or call 717-531-SAFE (7233).



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PennStateHershey.org/injuryprevention