

Airways and Inflammation: Improving the Management of Patients with Asthma

Thursday, November 29, 2012 • 6:30–9:00 p.m.

Fenicci's of Hershey • 102 West Chocolate Avenue, Hershey, Pennsylvania 17033

Purpose

Despite existing asthma management guidelines and the availability of effective, long-term preventative medications, goals of successful asthma treatment are not being reached. This leads to unnecessary personal, physical, emotional, economic, and public health consequences. Furthermore, many patients are uninformed and misinformed about how to achieve and maintain symptom control of their asthma. Poorly controlled asthma places children and adults at potential risk for a variety of consequences including missed school, missed work, restricted activities, emotional distress, hospitalizations, and even fatal asthma attacks. Utilization of available treatment guidelines by health-care providers and education for patients to help them recognize the signs of poorly controlled asthma can help optimize asthma control.

This program will incorporate a case-based approach to learning that includes best practices for the management of patients with asthma. We expect that this program will ultimately improve health-care provider performance in the community.

Audience

Physician assistants and nurse practitioners in the central Pennsylvania area can benefit from attending this program.

Objectives

Upon completion, participants should be able to:

- Discuss underlying inflammation that occurs throughout the entire airway in asthma
- Utilize evidence-based practice guidelines to appropriately test for and diagnose asthma
- Incorporate a stepwise approach for the treatment of patients with persistent asthma that includes inhaled corticosteroids
- Develop routine monitoring plans to assess symptom control in patients with persistent asthma

Credit

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Penn State College of Medicine and Integrity Continuing Education. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for a maximum of 2 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Schedule

6:30 p.m. *Registration*

7:00

Dinner Meeting

Airways and Inflammation: Improving the Management of Patients with Asthma

Gene L. Colice, MD, FCCP

Director, Pulmonary Critical Care

Washington Hospital Center

Professor of Medicine

George Washington University

Washington, DC

9:00

Program Evaluation and Adjournment

Registration

There is no fee for this program. You must register by phone at 717-531-6483 or by email at ContinuingEd@hmc.psu.edu. Registration is requested by November 26, 2012. Registrations will be confirmed by email. If you do not receive a confirmation within two weeks, phone 717-531-6483 to confirm. Late registrations will be accepted if space is available.

The University may cancel or postpone any course. In this event, the University cannot be held responsible for related costs, charges, or expenses, including cancellation or change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled.

Disclosure

Penn State College of Medicine is committed to offering CME programs which promote improvements or quality in health care and are developed free of the control of commercial interests. Reasonable efforts have been taken to ensure that our programs are balanced, independent, objective, scientific, and in compliance with regulatory requirements. Faculty and course directors have disclosed all relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Penn State also requires that faculty disclose any discussion of off-label or investigational uses included in their presentations. Disclosure of a relationship is not intended to suggest or condone bias in a presentation, but is made to provide participants with information that might be of potential importance to their evaluation of a presentation.

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, Penn State College of Medicine. Each participant must use his/her personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Speaker *Gene L. Colice, MD, FCCP*, has nothing to disclose.

Course Director *Jodie Stabinski, MSN, AE-C, CRNP*, has nothing to disclose.

Other Penn State staff involved in the development of the program have nothing to disclose.

Access

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodation or have questions about the physical access provided, please contact Continuing Education at least one week in advance.

For More Information

- Call 717-531-6483
- Email ContinuingEd@hmc.psu.edu

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