PENNSTATE HERSHEY
Milton S. Hershey Medical Center

PENNSTATE HERSHEY
Dermatology

HOME USE OF ASHORT CONTACT ANTHRALIN OINTMENT SUGGESTED GUIDELINES

1. Apply Anthralin ointment only to psoriasis; do not apply to normal skin. You may prefer to use plastic disposable gloves to apply the Anthralin.

2. Anthralin ointment (Anthra-Derm) should be left on for 30 to 60 minutes and showered off with liquid soap and running water.

3. Anthralin will stain a brown color. Use old clothing and sheets when Anthralin is on the skin. If staining occurs, rinse with water **(do not use soap)**.

4. Expect to see a brown stain on the normal surrounding skin after using Anthralin. This is a good sign and indicates that the Anthralin is working. When the stain occurs in the center, the psoriasis is clearing.

5. Should irritation or burning occur on the skin, stop using the Anthralin until this settles, and apply petrolatum (petroleum jelly). Then restart application cautiously at a lower strength.

6. The psoriasis is clear when it cannot be felt, even though the brown stain is present. Stop treatment, and the stain will clear in 1 to 2 weeks.

7. Wash hands after applying Anthralin; do not rub eyes with Anthralin-contaminated fingers. Do not apply Anthralin near eyes.

8. Should eye irritation occur, irrigate eyes with water and consult your physician.

For more information please visit our website: www.pennstatehershey.org/web/dermatology/home and click on Health Information Library.

If you have any questions or concerns, please contact your provider at the location you were treated.
Hershey Medical Center, UPC I, Suite 100 (717) 531-6820 or Nyes Road, (717) 657-4045.
Penn State Hershey Medical Group, Colonnade Building (814)272-4445