



PATCH TEST AND OCCUPATIONAL DERMATOLOGY CLINIC

PLEASE <u>COMPLETE</u> THE ENCLOSED ALLERGEN PATCH TEST PATIENT HISTORY AND OCCUPATIONAL HISTORY FORMS AND BRING THEM WITH YOU ON YOUR FIRST PATCH TEST VISIT.

PLEASE REMEMBER:

- 1. DO NOT APPLY TOPICAL STEROIDS AND/OR MOISTURIZERS TO YOUR BACK AT LEAST 2 DAYS BEFORE PATCH TESTING
- 2. AVOID ORAL OR INJECTED STEROIDS FOR AT LEAST 1 WEEK BEFORE PATCH TESTING
- 3. NO SWEATING, EXERCISE OR SHOWER THE WEEK OF PATCH TESTING
- 4. BRING IN SUSPECTED COSMETICS, MEDICINES AND HOME OR WORKPLACE MATERIALS.
- 5. NO SHOWERS THE WEEK OF PATCH TESTING.

For more information please visit our website: www.pennstatehershey.org/web/dermatology/home and click Health Information Library.

If you have any questions or concerns, please contact your provider at the location you were treated. Hershey Medical Center, UPC I, Suite 100 (717) 531-6820, Nyes Road, (717) 657-4045 or Penn State Hershey Medical Group, Colonnade Building (814)272-4445.

