



HOUSECALL

Newsletter of the Association of Faculty and Friends
Of the Milton S. Hershey Medical Center of the Pennsylvania State University

Pennstatehershey.org/web/aff/home

June/July 2011

Vol. 41 no. 9

From our President:

As summer approaches our thoughts change gear to a slower pace, warm days and vacation. It is also a good time to reflect on this year and what a wonderful, productive year it has been. Many thanks to Margaret Cyran, President, and the Board for their leadership and guidance. The accomplishments have far exceeded expectations and have been grand. They include but are certainly not limited to the Fashion Show, Peace Tree, Palliative Care, Lion Share, Toys for Tots, and Blood Drive. What an amazing group of volunteers working together for so many worthwhile causes!

Please welcome our new officers:

President Elect - Rebecca Boehmer

Treasurer - Justin Cowan

Members at Large - Jodi Firestone and Maura Nizioł

I also want to sincerely thank Kathy Cerullo-Frick, Janice Wilson, Angie Dye, and Maryellen Sheehan for all of their help and support. They have played an integral part in where we are today and will be missed as Board Members. And to all the Committee Chairs, you are the foundation to all our successes - I thank you too for your hard work and dedication.

If you have not already completed your membership form, please take a moment to fill it out and return to Jaque Repke. Forms have been e-mailed. We have many fun activities and volunteer opportunities available so I urge you to try something new!

Many exciting grants have been received and will be reviewed by the Allocation Committee soon. We will share the outcomes in the September newsletter.

The Fall Tea is scheduled for Wednesday, September 14, 2011 at the Purcell Friendship Hall from 9 to 11:30 a.m. I do hope you will plan to attend.

I am honored to be President and look forward to next year. If you have any new ideas or suggestions please let me know.

I wish everyone a happy, relaxing summer!

Judy Dillon



Welcome to the following new AFF members. We are glad to have you with us!

Esther Betley
Mary Bricknell
Chris Haluck
Judith Michel
Barbara McGrath
Maureen Reid
Michelle Webber
Diane Connelly
Blase Peterson
Sherry Kwater
Susan Fotos
Diane Leonard
Debbie Kodak

AFF Membership Renewal for 2011-2012 is NOW!

Our renewal cycle begins in early May with a June 30th deadline for submission of dues. AFF membership renewals have been sent electronically to those members with E-mail addresses. (Our new membership form was sent to those without--please look at our website to view the new form!) The membership renewal E-form was sent on attachment, and we ask that you print this form, fill it out, and send in with your dues. *And thanks to those of you who have already renewed!*

Jaque Repke

Ideas for Housecall?

*Email Janette Murray at: bosseaumurray@yahoo.com
or Patty Gelenberg at: Patty.Gelenberg@gmail.com.*



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Book group had our final meeting of the year in May. We discussed *The House at Sugar Beach* by Helene Cooper. Our next meeting will be in September when we will discuss *Freedom* by Jonathan Franzen. Please contact Carol Schneidereit for any additional information at 220-1764.

Lion's Share wants to reach out to more in our community. We have already partnered with several medical students to help us during our food drives. We need more volunteers. Please call Carol Schneidereit if you would like to help at 220-1764.

The **knitting group** is on vacation until September. For more information, contact Trish Good at tgood49@comcast.net.

Our last **Getting to Know You Lunch** until September was on Tuesday, May 24 at the Highlands Grill. We had a great time! A big thank you to Sue Demers for coordinating these get-togethers.

The Palliative Care Initiative members don't have formal meetings in summer but keep contacts via e-mails and continue visiting patients/families and writing bereavement notes. We resume our monthly meetings in September. The "Kalenak Golf Classic" benefiting Palliative Care at HMC was a very successful event at Hershey Country Club, on Friday, May 27. A big "Thank you" to Kelly Hollenbeak who made a powerpoint presentation of all pictures of the last 8 years of KGC and took new photos at this year's tournament. AFF members Sue Demers, Trudy Spangler, Carol Schneidereit and Behjat Noori also helped organize the event.

Bridge Group will meet at the home of Jaque Repke on **Monday, June 6**. Please let her know if you are able to come at jrepke@comcast.net or 533-5563.

This will be a play date, since Sandra will be travelling again.

On Wednesday, June 15, Behjat Noori will host our play date. Please let Behjat know if you'll be able to play at behjatnoori@comcast.net or 566-6667.

We remember with love Bunny Schwentker, who passed away on March 29. She spent much of the last 15 years working with her husband, Ned, an orthopaedic surgeon, to develop a program to provide elective orthopaedic care for needy children in Honduras. She will be missed.

WOMEN'S HEALTH RESEARCH

Postmenopausal woman?

Researchers at Penn State Hershey Cancer Institute are doing a study to learn about preventing breast cancer. The purpose of this research study is to reduce breast density.

Who? Post-menopausal women

Why? High breast density is a known risk factor for developing breast cancer.

How? To combine low-dose medication that blocks the female hormone estrogen with Omega-3 fatty acids.

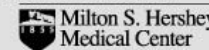
What do I have to do? Have a mammogram at Hershey's Breast Center, Provide blood, urine, and answer some questions.

How long is the study? The study is two years and you will be compensated every six months while you are in the study.

For more information, contact Cynthia DuBrock, R.N., at 717-531-4300.

Study director:
Andrea Manni, M.D.

PENN STATE HERSEY



This research study has been approved by the Institutional Review Board, under federal regulations at Penn State Hershey Medical Center, Penn State College of Medicine.



University Fitness Center news

Looking for something new and fun this summer? Programs and services of Penn State Hershey University Fitness Center are open to all people eligible for membership. Current UFC membership is not required. Non-members are welcome to explore these alternative paths to health and fitness.

Most programs are appropriate for YOUTH (age 12 and up). Growing as a physically active young adult is not limited to school sports and working out in the equipment room! The Fitness Center has a "try before you buy" free class policy!

Pennstatehershey.org/web/ufc/home