

3 DAY CLINICIAN TRAINING WITH YEAR-LONG CASE CONSULTATION ALTERNATIVES FOR FAMILIES: A COGNITIVE BEHAVIORAL THERAPY



ONSITE TRAINING
PITTSBURGH, PA
MAY 19TH - 21ST, 2014
9:00AM - 5:00PM

CONSULTATION

12 CASE CONSULTATION SESSIONS OVER THE COURSE OF ONE YEAR. CONSULTATIONS WILL BE CONDUCTED VIA PHONE OR VIDEO CONFERENCE AT A TIME SCHEDULED DURING THE ONSITE TRAINING.

TRAINER

Training will be presented by **Barbara Baumann, Ph.D.** The trainer is a member of University of Pittsburgh Faculty and University of Pittsburgh Medical Center (UPMC).



PROGRAM DESCRIPTION

We are excited to offer this opportunity for an intensive training and a year-long clinical collaboration utilizing ***Alternatives for Families: A Cognitive-Behavioral Therapy (AF-CBT)***. For more information about AF-CBT, visit us at <http://www.afcbt.org>.

AF-CBT is an evidence based, family-centered treatment designed to address family conflict, coercion and hostility, emotional abuse, and child physical abuse. AF-CBT teaches individual and family skills to strengthen relationships and safety routines using coordinated and structured training methods. This model seeks to help family members improve their communication and problem solving skills, help parents to effectively support and discipline their children, and help children manage difficult emotions and respond more competently to interpersonal challenges.

Training materials, including a session guide and handouts are included for those who participate in training.

TARGET AUDIENCE

This training is an intensive experience including three days of on-site training, a mid-year advanced training webinar, and one year of case consultation. Trainees are required to have a master's degree in relevant field and professional license. Trainees must work with or supervise those who work with children and adolescents and their caregivers.

COST

The base cost of this training is \$1,500.00 per participant. For those who register before March 1st, a special Early Bird rate of \$1,300.00 per participant is offered.

SIGN UP

To register for this training program, go to:

www.afcbt.org/training/sign-up-for-training.

For information or assistance, call (412) 246-5887. A limited number of participants will be accepted for this training.