The Child With Complex Regional Pain Syndrome: A REHABILITATION APPROACH

September 14, 2013

AUDIENCE
This conference is designed for physical therapists, occupational therapists, nurses and other health-care professionals caring for children and teenagers with Complex Regional Pain Syndrome.

OVERVIEW
The presentations offer information on understanding CRPS medical issues and possible rehabilitation approaches to managing it.

ACCESS
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CREDIT
6 contact hours awarded.
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Application has been made to the PA State Board of Physical Therapy for continuing education credits.

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Learn more about...
Complex Regional Pain Syndrome (CRPS)
- Pharmacological Management of CRPS
- Treatments
- Pathophysiology of Pain
- Current Research Findings
- Psychological Factors of CRPS

This publication is available in alternative media on request.

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PROGRAM
8:00 AM Registration
8:50 Opening Remarks
9:00 UNDERSTANDING CRPS
Natalya Fish, MD*
• Recognize the clinical characteristics of childhood CRPS
• List the key components of multidisciplinary treatment for childhood CRPS
10:00 Break / Exhibits
10:15 BASIC PHYSIOLOGY & PHARMACOLOGY OF CRPS
James Mooney, MD*
• Describe the pathophysiology of CRPS pain
• Options for pharmacologic management
11:15 MOVEMENT IS MEDICINE:
Treatment of the Adolescent Patient with CRPS
Katherine Fash, DPT, CSCS
• Identify common barriers of CRPS treatment
• Describe treatment interventions
• Describe the findings of current treatment research
• Identify resources to assist in overall treatment
• Describe key points in the education of care providers and patients with CRPS
12:15 PM Lunch / Exhibits
1:15 MOVEMENT IS MEDICINE:
Treatment of the Adolescent Patient with CRPS (cont.)
Jennifer L. Sherker, PsyD
• Provide information on assessment of psychological readiness for intensive AMPs treatment and the admission process
• Discuss common presentations/issues of patients with AMPs and how certain characteristics may contribute to the development/maintenance of amplified pain
2:15 PSYCHOSOCIAL FACTORS AND TREATMENT:
Approaches to Amplified Musculoskeletal Pain Syndrome (AMPS)
Jennifer L. Sherker, PsyD
• Provide information on assessment of psychological readiness for intensive AMPs treatment and the admission process
• Discuss common presentations/issues of patients with AMPs and how certain characteristics may contribute to the development/maintenance of amplified pain
3:15 Break / Exhibits
3:30 THE TEAM APPROACH:
Interdisciplinary Care with Case Studies
Katherine Fash, DPT, CSCS
Jennifer L. Sherker, PsyD
• Discuss case studies using interdisciplinary care
4:30 Closing Remarks / Evaluations / Adjournment

FACULTY
Katherine Fash, DPT, CSCS
Physical Therapist
The Children's Hospital of Philadelphia
Philadelphia, PA
Natalya Fish, MD*
Assistant Professor of Pediatrics
Pediatric Rheumatology
Penn State College of Medicine
James Mooney, MD*
Assistant Professor of Anesthesiology
Penn State College of Medicine
Jennifer L. Sherker, PsyD
Director of Psychosocial Services
Center for Amplified Musculoskeletal Pain Syndromes
The Children's Hospital of Philadelphia, Philadelphia, PA

CANCELLATION POLICY
Cancellations received later than September 6 will incur a $25 processing fee
No refunds
Substitutes are accepted at any time
If you do not receive a confirmation within two weeks, call 717-531-6483 to confirm your registration. Walk-ins and late registrations will be accepted if space is available.

REGISTRATION
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*Penn State Milton S. Hershey Medical Center, Penn State College of Medicine

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