

THE PENNSYLVANIA STATE UNIVERSITY
PENN STATE MILTON S. HERSHEY MEDICAL CENTER
DEPARTMENT OF CONTINUING EDUCATION G220
P.O. BOX 851
HERSHEY, PA 17033-0851

PENNSTATE HERSHEY
Milton S. Hershey
Medical Center

Visit our website: pennstatehershey.org/ce

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May 7–8, 2013

8:30 a.m.–6:00 p.m.

University Conference Center

on the campus of

Penn State Milton S. Hershey Medical Center

500 University Drive

Hershey, Pennsylvania 17033



Purpose/Audience

Healing Touch is a nursing-based continuing education program for registered nurses, physicians, body therapists, counselors, psychotherapists, other health-care professionals, as well as for individuals desiring an in-depth understanding and practice of healing work using energy-based concepts.

This program is designed to provide a course of study toward a certificate of completion in Healing Touch (HT) which incorporates a variety of basic to advanced healing modalities. The program is sequenced in six levels allowing participants to move from beginner to advanced practitioner, expert, and instructor. Certification as a Healing Touch Practitioner and Instructor is available upon application following completion of course work and additional requirements.

Objectives

Upon completion of the course, you should be able to:

- Describe the human energy system relationship to physical, emotional, mental, and spiritual health
- Discuss energy principles basic to HT
- Assess the energy field and energy centers
- Identify a basic Healing Touch sequence
- Demonstrate specific intervention techniques used in Healing Touch
- Discuss applications of Healing Touch in personal and professional practice

Credit

16 contact hours

Healing Touch Program is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A Provider Number 150588-00.

Note: Participants must attend both days and complete the evaluation to receive credit.

It is our policy to ensure balance, independence, objectivity, and scientific rigor in all of our sponsored educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.

Fees/Registration

The fee for this program is \$370 for a regular tuition. The fee includes all course materials, handouts, and light break refreshments.

Note about lunch: Lunch is not included either day.

Registration is required no later than two weeks prior to the course. Register online, by fax, or by mail. Registrations will be confirmed by email upon receipt of payment, authorization to bill, or a credit card guarantee. If you do not receive a confirmation from Penn State within two weeks, phone 717-531-6483 to confirm your registration. Walk-ins cannot be accepted.

Cancellation Policy

Cancellations received later than April 23, 2013 will be assessed a \$25 processing fee for both program days. No refunds will be made for cancellations received later than May 2, 2013. Substitutes are accepted.

Please provide a cell phone number so we can reach you in the event of last-minute changes or cancellation. The University reserves the right to cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances. If a program is canceled or postponed, the University will refund registration fees but cannot be held responsible for any related costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled.

Instructor

Jackie Page, MA RN, HTCP/I

Jackie combines her 28 years of teaching with holistic nursing to gently guide her students. Her nursing experiences cover many venues, including PACU, outpatient surgery, PCU, rural clinic, home health, hospice, and long-term care. She is a qualified mentor for students seeking certification in Healing Touch and directs a free HT clinic for the public.

For More Information or to Register Online

- Call: 717-531-6483
- Email: ContinuingEd@hmc.psu.edu
- Web: pennstatehershey.org/ce



A continuing education service of Penn State College of Medicine

Program

Day 1—May 7, 2013

- 8:30 a.m.
- 1. Introduction to the Class**
 - What is energy medicine?
 - Healing Touch practitioner: Defined levels of practice
 - 2. Theoretical Basis and Overview of Philosophy**
 - Major concepts and principles
 - Psychological response of energy healing
 - 3. Healing Touch Basic Sequence**
 - Intervention/magnetic passes
 - 4. Foundational Understanding of the Human Energy System**
 - Quantum physics and disciplines that study subtle energy
 - The human energy system
 - 5. Assessment of the Human Energy System**
 - Assessment of the energy centers
 - 6. Intervention/Magnetic Clearing**

6:00 p.m. Adjournment

Day 2—May 8, 2013

- 8:30 a.m.
- 1. Self-Care of Body, Mind, and Spirit**
 - 2. Interventions**
 - Self-chakra connection
 - Chakra connection
 - Mind clearing and limbic system of brain pain management
 - 3. Heart-to-Heart Meditation**
 - 4. Intervention/Chakra Spread**
 - 5. Getting Grounded**
 - Research
 - Legal basis
 - Informed consent
 - Scope of practice
 - Code of ethics
 - Book list
 - Getting ready for Level 2

6:00 p.m. Adjournment



Healing Touch Program Level 1

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Register online, by fax, or by mail. If you do not receive a confirmation from Penn State within two weeks, call 717-531-6483 to confirm. Walk-ins and late registrations are accepted only if space is available. Please provide both daytime and cell phone numbers so we can notify you should last-minute changes occur.

Name (First Name, MI, Last Name) Degree/Credentials

Email Address (Print legibly. We use this for confirmation/registration status/program materials.)

Home Address Male Female

City State Zip Code

Daytime Phone Cell Phone (for last-minute change/cancellations)

Hospital or Organization Specialty/Position

Address (HMC/COM employees—dept. name/mail code)

City State Zip Code

Special needs (dietary, access, etc.)

Can you bring a massage table? yes no

Regular tuition for this program is \$370 per person. Indicate method of payment:

- Check enclosed payable to Penn State.
- Bill sponsoring organization. **Attach a letter of authorization.**
- HMC/COM employee fee: \$350. Bill department budget.
Cost center/budget #: _____
- Charge my VISA MasterCard or AMEX

Account Number Exp. Date

Cardholder's Signature

Register Online: pennstatehershey.org/ce

Mail to: Registrar
Penn State Hershey Continuing Education G220
P.O. Box 851, Hershey, PA 17033-0851

Phone: 717-531-6483 **Fax to:** 717-531-5604