

## Come celebrate our new Children's Hospital! Penn State Hershey Children's Heart Group 4th Annual Bicycle Ride September 7, 2013 Penn State Milton S. Hershey Medical Center Campus Tent Facility by Fitness Center - Hershey, PA

This ride is intended to raise money for Penn State Hershey Children's Heart Group Fund. The fund will support patient education, new equipment, outreach to the communities, and our fellowship program. We are asking you to request family, friends, and coworkers to sponsor you to ride. Any small donation is appreciated. There will be 4 rides and a Family Stroller Walk

- 1. A family fun ride: 4.5miles on bike trails on campus with a stop at our new hospital. This ride is intended for all ages and abilities. Start time: 10am
- 2. A 25 kilometer ride (approx. 15 miles): on roads surrounding Hershey. One rest stop. This is for intermediate riders. Start time: 9 am
- 3. A 50 kilometer ride (approx. 30 miles) loops on roads surrounding Hershey. One rest stop. This ride is for intermediate to experienced riders. The 25K and 50K loops can be combined to make a 75 Km ride.

  Start time: 8am for 75Km, 8-9 for the 50km.
- 4. A Family stroller friendly walk (2.75 miles) to the new Children's Hospital and back.
- All Children's Heart Group patients are free.
- Adults are 20\$, children are 10\$ with an adult registration before day of event.
- Adults are 25\$, children are 15\$ with an adult registration on day of event.
- The first 50 pre-registrants will receive a free water bottle.

We will be accepting registrations by mail or online up until **September 1, 2013**. The registration desk will open at 7:30 am.

## **Click here for online registration**

Lunch will be provided at the completion of the ride. Please bring water bottles. Helmet use is **mandatory**. You will not be allowed to participate in the ride without a helmet. The event will be **rain or shine**. There is **no** rain date.

## Penn State Hershey Children's Heart Group 4th Annual Bicycle Ride Mail-in Registration Form September 7, 2013

Name (last, first) _		_email		
Address	Telephone			
Address		Date of Birth		
I am riding the:	Family fun RideFami	y Stroller walk		
	25 Km50 Km7	5Km		
Emergency Cont	act Information			
Name				
Telephone				
If participant is u	nder 18 years of age please co	mplete		
Name of Parent/G	uardian			
Parent Guardian A	Address			
Parent Guardian A	Address			
Signature of Parer	nt/Guardian	Date		
Click here to regi	ster online			
Helmets are	Mandatory.			
Release (by cor	mpleting the information below, you a	are acknowledging that you	have read the release)	
Signature		Date		
Make checks pay	rable to: Children's Heart Grou	p Gift Fund		

Make checks payable to: Children's Heart G Return registration with checks to: Penn State Hershey Children's Heart Group Attn: CHG Bike Ride 121 N. Nyes Road Su. D Harrisburg, PA 17112 In consideration of being permitted to participate in any way in the Penn State Hershey Children's Heart Group Inaugural Bike Ride I, for myself, my personal representatives, assigns, heirs, and next of kin:

- 1. Acknowledge, agree, and represent that I understand the nature of bicycling activities and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.
- 2. Fully understand that bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "releases" named below. There may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the activity.
- 3. Hereby release, discharge, and covenant not to sue Penn State Hershey Children's Heart Group, Penn State Milton S. Hershey Medical Center, their administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the releases, I will indemnify, save, and hold harmless each of the releases from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.
- 4. I consent to emergency medical treatment, including transport by ambulance to a hospital, if I am injured.
- 5. I agree to wear an ANSI, CPSA, or Snell approved helmet on all bicycle riding activities at this event.

## **Minor Release**

And I, the minor's parent or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the release's from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releases named above, I will indemnify, save, and hold harmless each of the releases from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.