The Eating Disorders Program at Penn State Hershey Children’s Hospital, Penn State Milton S. Hershey Medical Center, offers a full range of treatment options for individuals (male and female) with eating disorders.

Our services also include presenting programs about eating disorders and wellness for professional, community, college, high school, middle school, and elementary school groups. Please call our community outreach coordinator, Louise Albrecht at 717-531-3557.

For more information and appointments, contact:
Outpatient clinic or evaluation requests: Trish Magnuson at 717-531-2099

Intensive outpatient and partial hospitalization program for adolescents and adults: Mary Keener at 717-531-7230

Partial hospitalization for children and adolescents: Kristy Stouffer at 717-531-0003, ext. 280344

Location:
Penn State Hershey Medical Group—Briarcrest Adolescent Medicine and Eating Disorders
905 W. Governor Road, Suite 200
Hershey, PA  17033
717-531-7235

Outreach Locations:
Camp Hill
Lancaster
Reading
State College

PennStateHershey.org/eatingdisorders
Treatment Team

Each treatment program is comprised of a multidisciplinary treatment team that includes the following specialists:

**ADOLESCENT MEDICINE SPECIALISTS:**
- Rachel Levine, M.D.
- Jodi Brady-Olympia, M.D.
- Rollyn Ornstein, M.D.
- Jennifer Seidenberg, M.D.
- Lisa Culler, M.S.N., C.R.N.P.
- Gail Hamilton, M.S.N., C.R.N.P.
- Rebecca Elenback, M.S.N., C.R.N.P.
- Phyllis Stackhouse, M.S.N. C.R.N.P.

**PSYCHIATRISTS:**
- Martha Peaslee Levine, M.D.
- Christopher Petersen, M.D.
- Fauzia Mahr, M.D.
- Ling Tan, M.D.

**THERAPISTS:**
- Barbara Gershenson, Ph.D.
- Dara Babinski, Ph.D.
- Elizabeth Hoffman, Ph.D.
- Susan Lane-Loney, Ph.D.
- Beth Clark-Byers, M.S.W., L.C.S.W.
- Emily Masciulli, M.S.W., L.C.S.W.
- Jennifer Dorau, PsyD
- Jennifer Wagner-Felker, M.S.W., L.C.S.W.

**NUTRITIONISTS:**
- Dolores Becker, R.D., L.D.N., C.E.D.R.D.
- Ashley Lowe, R.D., L.D.N., C.E.D.R.D.

**OCCUPATIONAL THERAPIST:**
- Amy Ethridge, M.S., OTR/L

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**Treatment Options**

**Eating Disorder Outpatient Clinic**

Outpatient clinic appointments are scheduled Monday through Friday to provide medical evaluation/management, nutritional management, and psychotherapy (individual, group, or family therapy). Psychiatric evaluation and treatment are also provided. Patients are seen on an ongoing basis for treatment until they have recovered from their eating disorder.

**Intensive Outpatient Program**

The Intensive Outpatient Program provides a structure of group sessions for three hours, three days per week.

The group sessions include:
- Psycho-educational groups
- Psycho-dynamic oriented group therapy
- Meal-time group
- Weekly support group for patients, family, and friends (age sixteen and older).

In addition to weekly group sessions, each patient receives nutritional counseling and regular psychiatric and medical evaluations to assess progress.

**Partial Hospitalization Programs**

The Partial Hospitalization Programs provide a more intensive structure for group therapy that meets five days a week.

These group sessions include:
- Psycho-educational groups
- Psycho-dynamic oriented group therapy
- Yoga, music, art, and pet therapy
- Two meals a day and a snack
- Educational instruction (child program only)
- Weekly support group for patients, family, and friends (adolescent and adult program—age sixteen and older)

**Partial Hospitalization Programs (continued)**

A personalized treatment plan—including individual, family, and group therapy—is designed to address each patient’s specific needs and goals. Psychiatric evaluation and medication are available, as well as regular medical evaluations to assess progress.

Adolescent and adult program (age sixteen and older)
- Monday-Thursday Noon-7:00 p.m.
- Friday 10:00 a.m.-2:00 p.m.

Children and young adolescent program (age eight-fifteen)
- Monday-Friday 7:00 a.m.-3:30 p.m.

**Inpatient Hospitalization**

Children and adolescents, who are medically unstable due to their eating disorder, can be admitted to Penn State Hershey Children's Hospital for medical stabilization. Medically unstable adults can be admitted to Penn State Milton S. Hershey Medical Center.

The Pennsylvania Psychiatric Institute in Harrisburg, a collaboration between Penn State Hershey Medical Center and Pinnacle Health Systems, offers inpatient psychiatric hospitalization for psychiatrically unstable children, adolescents and adults.

**Inpatient Hospitalization (continued)**

A personalized treatment plan— including individual, family, and group therapy—is designed to address each patient’s specific needs and goals. Psychiatric evaluation and medication are available, as well as regular medical evaluations to assess progress.

Adolescent and adult program (age sixteen and older)
- Monday-Thursday Noon-7:00 p.m.
- Friday 10:00 a.m.-2:00 p.m.

Children and young adolescent program (age eight-fifteen)
- Monday-Friday 7:00 a.m.-3:30 p.m.

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